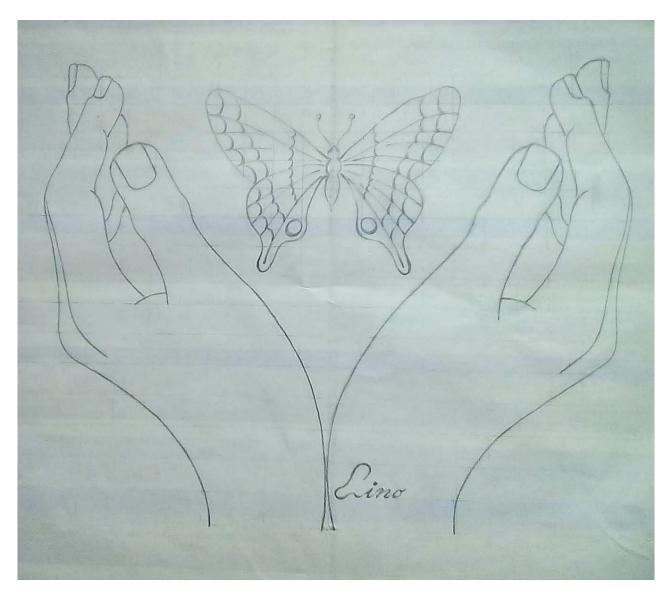
# INTERNATIONAL JOURNAL OF MEDICAL AND NURSING APPROACH (IJMNA)

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# MEDICAL AND NURSING



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# Effects of Rotigotine on blood pressure and dysphagia in hospedalized patients with Vascular Parkinsonism.

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KEYWORDS: Rotigotine, blood pressure, dysphagia.

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# **ABSTRACT**

Background: The effects of a cerebral stroke are associated with residual motor, sensory or cognitive deficits of varying severity in 75% of cases, which prevent survivors from leading an independent life and affect the most simple daily life activities and tasks. Dysphagia is frequent in patients with stroke and inevitably reduce the patient's quality of life. Aim: The aim of this study is to underline the safety of Rotigotine administered through transdermal patches on the hemodynamic parameters (blood pressure and heart rate) and the effect on dysphagia. Materials and Methods: in our pilot study we observed 19 patients (10 males and 9 females aged 75 to 92 years) with stabilized acute ischemic stroke in the emergency department. All patients underwent an evaluation of their swallowing ability by means of a swallowing test. All patients underwent an evaluation of blood pressure, measured for a period of 24 hours. After 7 days of treatment with Rotigotine 2 mg transdermal patch all patients repeated the evaluation of the degree of dysphagia by swallowing test and the re-evaluation of hemodynamic parameters by the 24 hours blood pressure examination. **Results**: The results showed a statistically significant reduction in systolic (128 mmHg vs 118 mmHg) and diastolic (76 mmHg vs 70 mmHg) blood pressure without significant changes in heart rate (899 msec vs 935 msec). The data also showed a statistically significant improvement in the number of swallowing acts (1,556 acts for minute vs 2,296 acts for minute) as assessed by the swallowing test. Patients underwent treatment with Rotigotine 2 mg/ 24 hours. **Discussion**: Rotigotine has been shown to be an effective and a well tolerated drug when used in routine clinical practice in patients with Post-ischemic Parkinsonism, even if the changes in the blood pressure found reach statistical significance. **Conclusions**: data showed that low doses Rotigotine patches improve the ability to swallow and thus the quality of life of hospitalized elderly patients. Rotigotine was well tolerated and indeed effective, by reducing blood pressure in patients at high cardiovascular risk without causing significant changes in heart rate. Rotigotine transdermal patches have been shown to be a valuable therapy in the treatment of hospitalized elderly patients with acute ischemic stroke related to

cognitive impairment. Limitation of the study: Our data have provided encouraging results, but further evaluations are needed in order to apply these results to the whole population.

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