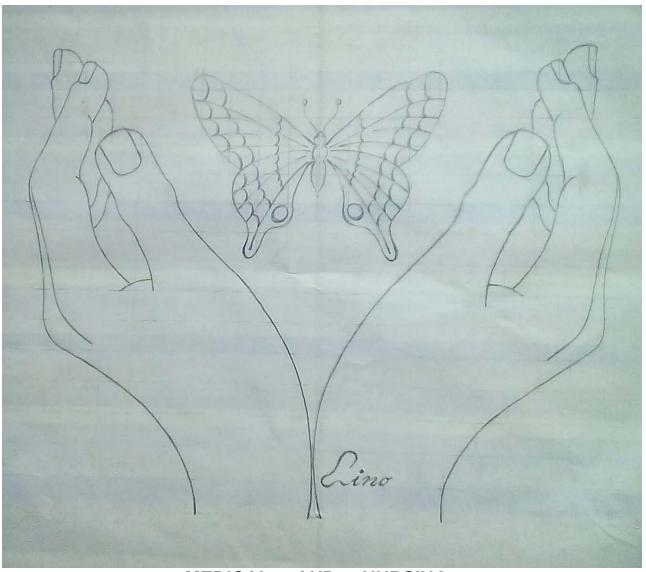
INTERNATIONAL JOURNAL OF MEDICAL AND NURSING APPROACH (IJMNA)

Volume 2 (issue 2)

June 2021



MEDICAL AND NURSING

"ONLY USING MEDICAL AND NURSING HANDS... YOUR WINGS CAN FLY AGAIN"

Editor-in-Chief: Prof. Gianfranco Raimondi Scientific Director: Dr. Nicola Marchitto

www.med-inf.it

International Journal of Medical and Nursing Approach (IJMNA)

The IJMNA is the official Journal of the Scientific	Editor: Centro Copie s.r.l.
Medical and Nursing Association (Med-Inf).	Via Appia Lato Itri 37/41
EDITOR-IN-CHIEF:	Scientific Director: Dr. Marchitto Nicola, Rome, Italy
Prof. Raimondi Gianfranco	
(Sapienza University, Rome, (Italy)	
EDITORIAL BOARD: Pironti M., Curcio A., Esposito A., Visani N., Taurisano S.	Registration:
	Tribunale di Latina n° cronologico 1096/2019 del 12/08/2019 (RGVG n° 1860/2019).
EDITORS AND INTERNATIONAL BOARDS:	Med – Inf SCIENTIFIC ASSOCIATION :
	Organizational secretariat
Internal Medicine: Raimondi G.	Largo Cesare Beccaria nº 4; 04022 Fondi
Emergency Medicine: Nikolopoulos	(Latina), Italy.
Charalampos	Tel. +39 333-3019781
Medical Thecnologya and Statistics: Martynenko A., Barsi L.	E-mail: <u>segreteria@med-inf.it</u>
Geriatric Medicine: Marchitto N., Paparello P.T.	
Cardiology: Raimondi G.	PRESIDENT
Dermatology: Skroza N.	Dr. Marchitto Nicola, Roma, Italy
Endocrinology: Andreadi A.	
Clinical Imaging: Gavana M.	VICE-PRESIDENT
Surgery: Casciaro G., Piovanello P.	Prof Gianfranco Raimondi, Roma, Italy
Nephrology and Dialysis: Di Lullo L., Mobilia P., Taurisano S.	SECRETARY
Psycology: Melpignano S., Maragoni G., Pannone O.	Dr.ssa Paola Tamara Paparello, Venezuela, (EE)

INDICE GENERALE

Role of Oral Anticoagulant Treatments in patients with Systemic Lupus	
Eritematosus and Anti-Phospholipid Antibody Syndrome.	pg 04
Cardiovascular risk evaluation during tretment with Flebuxostat.	pg. 08
A rare case of Atrial fibrillation in young subject due to overtraining.	pg. 15
Effects of Sars-Cov-19 treatments in patients with Hypertension: A pilot study.	pg. 19
A strange case of Electrocution	pg. 23
Nutraceutical treatments for Hypercholesterolemia in dialysed patients.	pg. 29
New device for the remote control in elderly patients.	pg. 33
OMNIACARE PROJECTS. Telemedicine in the care of the elderly patients.	
Automatic HRV Analysis in telemedicine.	pg. 39

A STRANGE CASE OF ELECTROCUTION

*Paparello P.T., ***Cuomo C., ***Liotti A., ***Lanzante D.L., **Marchitto N.,***Raimondi G.

*Med-Inf Association, Fondi (Latina), Italy; **San Giovanni hospital Fondi, Latina, Italy; *** "Sapienza" Rome University, Italy .

Keywords: electrocution, activity daily living, tongue disease, arrhytmic risk.

Corresponding Authors: Marchitto N. e-mail: n.marchitto@ausl.latina.it

ABSTRACT

Background: The Electrocution, also know as shake, is commonly due to the passage of a strong electric tide through the human body. (1) This event can determinate external lesions like erythema or lesion of the nervous sistem like muscular rigidity or paralysis but this shake can be absorbed without consequences. The passage of the eletricity through the human body can determine numerous temporary or permanent lesion, alterations and produces a direct action on the blood vases and the nervous cells (during the state of shock)and it can determine permanent alterations in the cardiac system, in the cerebral activity and in the central nervous system. It can damage the auditory or the visual apparatus. Low-voltage currents have a prevalent impact on the heart and blood circulation while high-voltage currents on the bulbar nerve centers. Wet skin is less resistant to the passage of electricity and even a lowvoltage current becomes harmful because humidity increases the effect of volts by about 10 times. Aim: The aim of the present Case Report is to underline the acute effects of elettrocution in a young people during the activity daily living. Therefore we report below a detailed clinical case report of a strange case of electrocution. Case Report: In April 2017 we have visited in the First Hide of the Alfredo Fiornini Hospital of Terracina, Latina, Italy, the patient B.O.L. She is 45 years old and refer a domestic accident due to a electrocution while she touch the her washing machine and the international literature reports a rare case of electrocution involving triceps (2). The patient refer that afther the touch on her washing machine she have an accidental electrocution involving the tip of the tongue. At the first objective examination general conditions were good, sensory sistem is conserved, psyche are not involved in the electrocution, subcutaneous tissues are normally represented, muscular sistem is normal. The body temperature is of 36°C, the heart rate is about 105 beat per minutes, the respiratory rate is 18 acts per minute with a regular breath rythm. The arterial blood pressure is 145/80 mmHg and the Glasgow .Coma .Scale. is 15 point. During the permanence in the First Hide, the patient has performed a Thorax Radiography that not undeline any significant alteration of the lung. The cardiac images were normal for the age of the patient. Laboratory Exam have underlined an inflammatory condition with a C-reactive protein (CRP) value of 2,58 mg /dl), neutrophyl cells have a value of 8,13 x10^3/mcL and monocite cells are about 0,97 x10³/mcL. The Troponine with hight sensibility had a value of 0,065 ng/ml and the

Creatine Phospho Kinase have a value about 423 g/l), therefore the patient undergone to an electrocardiogram trace registration for a cardiological evaluation. On the electrocardiogram trace we have noted a sinus rhythm about 79 bpm. After the first parameter evaluation the patient undergone to a ORL consultancy that underline the present of a large necrotic lesion on the tip of the tongue. the tongue remain regularly in the axle and the ulcerated lesion interest the tip and the body of the tongue. During the permanence in the First Hide Room the patient undergone to anti-inflammatory treatment to reduce the pain and anti-histaminic drugs to reduce the risk of allergic drug reaction(tab.1). The patient is also subjected to specific drugs for tongue tip injury (tab.2). Were used: the gauzes with DOBETIN, CORTIFLUORAL and STOMATOVIS applied to the tip of the tongue. **Results:** The poor observation of the main safety rules during the normal activities of daily life can cause serious physical damage to the person affected by electrocution or electrocution. only a fortuitous coincidence as the water presents on the palm of the hand allowed to decrease a preferential route for the passage of the electric current and averted a fatal damage for the patient. **Discussion:** The electrocution due to a high voltage direct current, that often invests the bodily (phenomenon of "flashover") surface with least interest of the inside organs; this explains the tall rate of survival (70-90%) of the stricken subjects as in the case of the patient B.O.L. The electrocution is able to induce spasms on the cardiac (fibrillation) muscle, in case of cardiac interest nevertheless an immediate heart arrest is verified for depolarization of the heart tissue. In the patient the elements in comorbidity are represented by the laboratory test as alteration of troponine and CPK. Another important risk connected to the employment of the electricity is tied up to the burns. The passage of the tide on the human body is accompanied by development of heat for effect Joule and therefore from an increase of temperature particularly in the part in which the contact has happened with the dispersing element, in this case the patient introduced a vast burn on the lingual body. the international literature reports only rare cases of electrocution often associated with the patient's death. in our clinical case we report the electrocution event that caused damage to the tip of the tongue only.(3) Conclusions: The treatment given during the hospitalization has been brief and after an accurate evaluation of the same one and the definition of the appropriate relief setting opts for the protected resignations, that foresaw the continuous one some hospital therapy with some changes (you see tabella3), out-patient visits of control and a following consultation distance ORL of a week. This last has underlined in pharyngoscopy: big lesion of the lingual body in the street of recovery, recommends him of continuous with therapy in action and suitable (seed-solid liquid and cold e/o) diet in the eventuality of hemorrage under the escara. There are no article in the literature describing this type of injury due to an electrocution. In this article, we report an uncommon case of injury of the tip of the tongue without any systemic disease.

International Journal of Medical and Nursing Approach:

GUIDELINES FOR AUTHORS

http://www.med-inf.it/sottomissioni

Manuscripts have to be double-spaced with two-centimeter margins.

Head-paper: To facilitate the review process, manuscripts should contain max, 2 tables and/or 3 figures.

An Original Scientific Article or an Original Case Report have educational value and therefore the evaluation will take into account the originality and the quality of the presentation.

Original scientific article Include: Abstract, Background, Materials and Methods, Results, Discussion, Conclusions and References.

Original Case Report Include: Abstract, Introduction, Case Report (s), Discussion, Conclusions and References.

Letters to the Editor: These are written on invitation and express the authors' viewpoint.

All Manuscripts must be written in English.

Optionally, Med-Inf scientific secretary, offers our professional copy-editing service.

The first page must contain:

1) title (lowercase), without acronyms;

2) first name and family name of each author, separated by commas;

3) affiliation(s) of author;

4) full name and full postal address of the corresponding author. Phone, fax number and e-mail address for the correspondence should also be included;

5) three to five key words.

The last page should contain:

- 1) acknowledgments;
- authors' contributions, e.g., information about the contributions of each person named as having participated in the study;
- disclosures about potential conflict of interests;

If **TABLES** are used, they should be doublespaced on separate pages. They should be numbered and cited in the text of the manuscript.

If **FIGURES** are used, they must be submitted as jpg files, minimum 300 dpi; i).

One column width (7.5 cm) or 2 column widths (16 cm).

A different caption for each figure must be provided at the end of the manuscript, not included in the figure file.

Authors must obtain written permission for the reproduction and adaptation of material which has already been published.

Authors must send the written permission before publication (otherwise the paper cannot be published).

A box with a clear description of the organization will be included in the manuscript. Papers highly polemic, written by an author addressing his own opinion and not an organization position or with a theme of local interest will not be published.

Conclusions and opinions expressed by the authors do not necessarily reflect the policies of the International Journal of Medicall and Nursing Approach.

If abbreviations are used in the text, authors are required to write full name+abbreviation in brackets [e.g. Chronic Heart Failure (CHF)] the first time they are used.

Original Articles (4000 words max, abstract 250 words max, 30 references max, 3/5 tables and/or figures). A maximum of 10 authors is permitted and additional authors should be listed in an ad hoc Appendix.

References must be numbered consecutively in the order in which they are first cited in the text (not alphabetical order), and they must be identified in the text by Arabic numerals in superscript. References to personal communications and unpublished data should be incorporated in the text and not placed under

References

References should be provided directly within the MS-Word document in the References section. References must be prepared as follows:

PEER REVIEW POLICY

All manuscripts submitted to our journal are critically assessed by external and/or in-house experts.

Each paper is first assigned by the Editors to an appropriate Associate Editor who has knowledge of the field discussed in the manuscript. In the first step of manuscript selection if a manuscript does not receive a sufficiently high priority score to warrant publication, the editors will proceed to a guick rejection. The remaining articles are reviewed by at least two different external referees. Manuscripts should be prepared according to the Uniform Requirements established by the International Committee of Medical Journal Editors (ICMJE). Authorship: all persons designated as authors should gualify for authorship according to the ICMIE criteria. Each author should have participated sufficiently in the work to take public responsibility for the content. Authorship credit should only be based on substantial contributions to:

1) conception and design, or analysis and interpretation of data;

2) drafting the article or revising it critically for important intellectual content; 3) final approval of the version to be published. General supervision of the research group is not sufficient Italian for authorship. Any part of an article critical to its main conclusions must be the responsibility of at least one author. Authors should provide a brief description of their individual contributions. Obligation to Register Clinical Trials: the ICMJE believes that it is important to foster a comprehensive, publicly available database o clinical trials. The ICMJE defines a clinical trial as any research project that prospectively assigns human

the numbered

- more than three authors, cite 3 authors, et al. If the paper has only 4 authors,

- title style: sentence case; please use a capital letter only for the first word of the title;

subjects to intervention or concurrent comparison or control groups to study the cause-and-effect relation ship between a medical intervention and a health outcome. Medical interventions include drugs, surgical procedures, devices, behavioral treatments, process-of-care changes, etc. Our journals require, as a condition of consideration for publication, registration in a public trials registry. The journal considers a trial for publication only if it has been registered before the enrollment of the first patient. The journal doe not advocate one particular registry, but requires authors to register their trial in a registry that meets several criteria. The registry must be accessible to the public at no charge. It must be open to all prospective registrants and managed by a non-profit organization. There must be a mechanism to ensure the validity of the registration data, and the registry should be electronically searchable. An acceptable registry must include a minimum of data elements. For example, ClinicalTrials.go

(<u>http://www.clinicaltrials.gov</u>), sponsored by the United States National Library of Medicine, meets these requirements Protection of Human Subjects and Animals in Research: when reporting experiments on human subjects, authors should indicate whether the procedures followed were in accordance with the ethical standards of the committee responsible for human experimentation (institutional and national) and with the Helsinki Declaration of 1975 (as revised in 2008). In particular, Med-Inf Association adopts the WAME policy on Ethics in Research (http://www.wame.org). Documented review and approval from a formally

constituted review board (Institutional Review Board - IRB - or Ethics committee) is required for all studies (prospective or retrospective) involving people, medical records, and human tissues. When

SUBMISSION PREPARATION CHECKLIST

As part of the submission process, authors are required to check off their submission's compliance with all of the following items, and submissions may be returned to authors that do not adhere to

1. The submission has not been previously published, nor is it before another journal for consideration (or an explanation has been provided in Comments to the Editor).

2. The submission file is in Microsoft Word, or PDF document

3. We fight plagiarism: please understand that your article will be checked with available tools for discovering plagiarism.

4. The text is double-spaced; uses a 12-point font; employs italics and all illustrations, figures, and tables are placed within the text at the appropriate points, rather than at the end. 5. The text adheres to the stylistic and bibliographic requirements outlined in the Author Guidelines, which is found in About the 6. Please read this advice and download associated files. The Inter- national Committee of Medical Journal Editors has recently published in all ICMJE journals an editorial introducing a new "Disclosure Form for Potential Conflict of Interest", with the aim to establish uniform reporting system, we sting differences in current formats or editors' reporting experiments on animals, authors will be asked to indicate whether the institutional and national guide for the care and use of laboratory animals was followed.

requests. Authorship: all persons designated as authors should qualify for authorship according to the ICMJE criteria. Each author should have participated sufficiently in the work to take public responsibility for the content. Authorship credit should only be based on substantial contributions to:

1) conception and design, or analysis and interpretation of data;

2) drafting the article or revising it critically for important intellectual content;

3) final approval of the version to be published. These three conditions must all be met. Participation solely in the acquisition of funding or the collection of data does not justify authorship. General supervision of the research group is not sufficient therefore asking you to duly fill in the "Uniform Format for Disclosure of Competing Interests in ICMJE Journals" and upload it on the Web site of the Med-Inf Association your work is involved with or email it back to us, in mind to allow Med-Inf Association to peer-reviewing your work. The document is in Adobe format, it includes instructions to help authors to follow the right procedure and is user-friendly.

Kindly note that the format have to be completed and signed by each author of the work.

Copyright notice

Med-Inf Association has chosen to apply the Creative Commons Attribution to all manuscripts to Non-Commercial 4.0 License (CC BY-NC 4.0) be published An Open Access Publication is one that meets the conditions: following two The author(s) and copyright holder(s) grant(s) to all users a free, irrevocable, worldwide, perpetual right of access to, and a license to copy, use, distribute, transmit and display the work publicly and to make and distribute derivative works, in any digital medium for any responsible purpose, subject to proper attribution of authorship, as well as the right to make small numbers of printed copies for their personal use 2, A complete version of the work and all supplemental materials, including a copy of the permission as stated above, in a suitable standard electronic format is deposited immediately upon initial n at least one online repository that is supported by an academic institution, scholarly society, government agency, or other well-established organization that seeks to enable open access, un- publication i restricted distribution, interoperability, and long-term archiving. Authors who publish with this journal agree to the following terms 1. Authors retain copyright and grant the journal right of first publication with the work simultaneously licensed under a Creative Commons Attribution License that allows others to share the work with an acknowledgement of the work's authorship and initial publication in this journal. 2. Authors are able to enter into separate additional contractual arrangements for the non-exclusive distribution of the journal's published version of the work (e.g., post it to an institutional repository or publish it in a book), with an acknowedgement of its initial publication in this journal. 3. Authors are permitted and encouraged to post their work online (e.g., in institutional repositories or on their website) prior to and during the submission process, as it can lead to productive exchanges).

PRIVACY STATEMENT

Privacy is an important concern for users of our site and is something that Med-Inf Association takes very seriously. Below you will find our policy for protecting users' personal information. Registration on our website is optional and voluntary. Browsing and viewing articles on our website does not require any personal information to on be submitted from users. Nor do these functions require the user's browser to be set to accept cookies. Some other services published on our website do require the use of cookies and information such s name, e-mail, etc. This is necessary for security reasons and to enable us to be able to assure standards of scientific integrity. Users may submit further personal information (e.g. details of research areas of interest) in order to take advantage of present and future personalization facilities on our website. In accordance with European Union guidelines, registrants may decline to provide the information requested. They should be advised, however, that Med-Inf Association may be unable to deliver its services unless at least the information necessary for security and identification purposes is provided. In order to offer the best possible service to users, PAGE Press tracks the patterns of usage of pages on the site. This enables us to identify the most popular articles and services. Where users have provided details of their research areas of interest, this information can be linked to them, helping Med-Inf Association to offer scientists, the most relevant information based on their areas of interest. User information will only be shared with third parties with the explicit consent of the user. Publishing a scientific manuscript is inherently a public (as opposed to anonymous) process. The name and e-mail address of all authors of a Med-Inf Association manuscript will be available to users of Med-Inf Association. These details are made available in this way purely to facilitate scientific communication. Collecting these e-mail addresses for commercial use is not allowed. Med-Inf Association itself send unsolicited e-mails to authors, unless it directly concerns the paper they have published on Med-Inf Association journals (IJMNA). Med-Inf Association reserves the right to disclose members' personal information if required to do so by law, or in the good faith and belief that such action is reasonably necessary to comply with a legal process, respond to claims, or protect the rights, property or safety of Med-Inf Association, employees or members

ARTICLE/CASE REPORT/ LETTER SUBMISSION: 250,00 € ITALY; 300,00 € ABROAD (SHIPPING COSTS)

SUBSCRIPTIONS

100,00 (Italy): 180,00 (abroad) 50,00(students) Support One number 25,00+ shipping costs

Send requests to <u>segreteria@med-inf.it</u> specifying the name of the journal and the type of subscriptions.

INTERNATIONAL JOURNAL OF MEDICAL AND NURSING APPROACH

Tutti gli articoli pubblicati su International Journal of Medical and Nursing Approach sono redatti sotto la responsabilità degli Autori. La pubblicazione o la ristampa degli articoli della rivista deve essere autorizzata per iscritto dall'editore. Ai sensi dell'art. 13 del D.Lgs 196/03, i dati di tutti i lettori saranno trattati sia manualmente, sia con strumenti informatici e saranno utilizzati per l'invio di questa e di altre pubblicazioni e di materiale informativo e promozionale. Le modalità di trattamento saranno conformi a

quanto previsto dall'art. 11 del D.Lgs 196/03. I dati potranno essere comunicati a soggetti con i quali l'associazione Med-Inf intrattiene rapporti contrattuali necessari per l'invio delle copie della rivista. Il titolare del trattamento dei dati è Med-Inf Association, via jurmala 136 bis, 04019 Terracina (Latina), Italy, al quale il lettore si potrà rivolgere per chiedere l'aggiomamento, l'integrazione o la cancellazione di cui all'art. 7 del D.Lgs 196 03.